

## Dan Widdis to Run for Will Power Research Fund!



Hi, I'm Dan Widdis. I was one of Bill Tarantino's colleagues in 2005-2007. Despite being forced to run periodically during a 20 year military career, I always hated it – possibly the time pressure. Now that I'm not required to do it, I have actually begun to enjoy it! I was a soggy couch potato at the end of 2009, so I started the Couch-to-5K program as a New Year Resolution. I completed a 5K in March, a 10K in May, and reached 13.1 miles in training in June, just

before the heat hit hard in Las Vegas. I've signed up to run the Las Vegas Rock and Roll Marathon on December 5.

Every marathoner needs motivation to keep going. After reading many "first marathon" stories about the impact of running in support of a cause and receiving one of the WPRF newsletters, I knew I had my perfect motivation. I even plan to get a tattoo with the WPRF logo (Actually...he did...see tattoo at right!). Now that's dedication!



Please join me in support of Will Power Research Fund!!